



## POSITION DESCRIPTION

### Stroke Nurse Navigator

JOB\_CODE: 00057 Stroke Nurse Navigator

#### General Information

**ENTITY NAME:** Vidant Health  
**EFFECTIVE DATE:** As of 25 July 2019  
**DEPARTMENT/COST CENTER:**  
**POSITION REPORTS TO:**  
**SUPERVISOR REPORTS TO:**  
**SUPERVISES OTHERS/NUMBER:**  
**FLSA STATUS:**  
**PROFILE ID:** 00111540

#### PATIENT-FAMILY CENTERED CARE

Team Member actions reflect a commitment to patient-family centered care through demonstrating the belief that patient and family needs and wishes must be actively solicited and engaged and that their preferences must be at the center of all services.

#### Position Summary

The nurse navigator provides individualized assistance to stroke center patients and their families in overcoming barriers to care, facilitating timely access to care, and providing education and support. The stroke patients trajectory through diagnosis, treatment, and after care survivorship will be seamless and coordinated in collaboration with the multidisciplinary stroke team.

1. Collaborates with the multidisciplinary team to coordinate patient care using defined protocols
2. Educates patient and their care givers on stroke diagnosis, treatment, what will occur in the hospital, and what occurs after discharge
3. Coordinates referrals, both with VH and within the region
4. Provides emotional support related to clinical condition
5. Advocates for patient and care givers for appropriate utilization of resources
6. Implements and measures quality improvement initiatives
7. Promotes empowerment of stroke patients in treatment of disease
8. Communicates consistently with providers ensuring seamless plan of care and follow up care

## Responsibilities

Patient assessment and identification of patient specific needs

Identifying barriers and having the knowledge to overcome those barriers, locating resources, coordinating services, providing education on stroke and develop structured means for patients to report; refer patients to integrative therapies and support groups

Communication

Serves as primary contact and advocate for patient; builds and maintains trust of patient and family; provide emotional support; navigate the health care system using knowledge of the intricacies of each system and serving as the patient advocate assuring timely access; serve as point person for physicians

Consultant throughout stroke diagnosis and recovery

Maintains/utilizes a comprehensive database of resources, both locally, regionally, and nationally, for patients and families including financial, psychosocial, education, emotional, transportation, and cultural.

Collaboration with multidisciplinary team

Creates and maintains open lines of communication with treating physicians, primary care provider, and their support staff; establish referral pathways thereby decreasing treatment delays: working collaboratively with the Neurologists to maintain a network of specialists and support of best practices in care delivery; serve as active member of Stroke Advisory and Endovascular Advisory Committees; participate in stroke conferences

Quality assurance

Maintains accurate and complete documentation; ongoing assessments of role in decreasing disparities in care and reduction in outmigration of patients; submits data to stroke coordinators for quality monitoring

## Minimum Position Requirements

BSN, MSN preferred

Current North Carolina nursing license

3 5 years clinical experience

Excellent communication skills, both written and oral

Organized, can multi task, analytical, time management

Work well under stress and be able to provide emotional support

## Acknowledgement

I acknowledge receipt of a copy of my position description and understand its content and expectations of its principal duties and key responsibilities.

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Employee Signature

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Date

The above statements are intended to describe the general nature and level of the work being performed by people assigned to this job. They are not exhaustive lists of all duties, responsibilities, knowledge, skills, abilities, and working conditions associated with it.

\*\* End of report \*\*