

STROKE ADVISORY COUNCIL MEETING MINUTES

November 14, 2019

McKimmon Center, 1101 Gorman Street, Raleigh NC

1:00 - 3:00 PM

Members/Partners

Present: Wally Ainsworth, NC Office of Emergency Medical Services; Mary Kay Ballasiotes, International Alliance for Pediatric Stroke; Melanie Blacker, FirstHealth; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force (JWHDSPTF); Nicole Burnett, UNC Healthcare Comprehensive Stroke Center; Tory Cairns, WakeMed; Alicia Clark, Division of Public Health (DPH), Community & Clinical Connections for Prevention & Health (CCCPH); Vonda Cogdell, Vidant Health; Sylvia Coleman, COMPASS Study, WFBH; Ben Collins, Johnson & Johnson (J&J); Ron Cromartie, Innovative Healthcare Consulting; Tom Curley, New Hanover Regional Medical Center (NHRMC); Rizza De La Guerra, J&J; Pamela Duncan, COMPASS Study, WFBH; Ashley Elks, Vidant Health; Jennifer Erwin, stroke survivor caregiver; Michael Erwin, stroke survivor; Abby Fairbank, American Heart Association (AHA); Heather Forrest, Duke; Nick Galvez, NC Office of Rural Health; Derek Gibson, Portola Pharma; Ben Gill, stroke survivor; Sebastian Gimenez, NC Office of Rural Health; Sara Ginn, Wayne UNC; Erica Hall, Diabetes Prevention Program and Heart Disease Coordinator, DPH; Jenisha Henneghan, Triangle J Area Agency on Aging; Catherine Hill, Communications Coordinator, DPH; Sarah Jacobson, AHA; Amy Jones, Novant; Susan Kansagra, Chronic Disease and Injury Prevention Section Chief, DPH; Essete Kebede, Lead Evaluator DPH; Mary Jo Kelley, WakeMed; Kerry Lamb, NHRMC; Dena Little, UNC; Divine Love, WISEWOMAN, DPH; Wanda Moore, JWHDSPTF; Kathy Nadareski, WakeMed; Deborah Holt Noel, UNC-TV; Karen Norman, Novant Health; Peg O'Connell, Chair, Stroke Advisory Council; Joey Propst, JWHDSPTF; Kristy Reese, Stroke Coordinator, NHRMC; Sharon Rhyne, DPH; Brittany Richo, Evaluator, DPH; Christina Roels, Forsyth Medical; Birtha Shaw, Diabetic Supply; Wayne Sullivan, Janssen; Cathy Thomas, CCCPH Branch Head, DPH; Michael Wang, UNC; Dee Worthy, Janssen

By phone: Duane Campbell, Novant; Erin Brady, FirstHealth; Ed Jauch, Mission Health; Robin Jones, Mission Health; Jo Malfitano, Onslow Memorial; Barb McGrath, FirstHealth; Nicole Miller, UNC Asheville; Lisa Monk, IMPROVE Stroke; Mehul Patel, UNC Dept. of Emergency Medicine; Nilam Patel, Duke; Debbie Pendleton, NHRMC; Gayle Thear, NHRMC

Welcome, Introductions and Approval of August 8, 2019 Minutes

Peg O'Connell welcomed all and invited everyone participating by phone and in person to introduce themselves.

Sarah Jacobson, Government Relations Director with American Heart Association, announced that Chair **Peg O'Connell** received **AHA's 2019 Volunteer Advocate of the Year** award. After watching a [video](#) of Peg's accomplishments, attendees endorsed the recognition with a standing ovation. Council member **Ed Jauch** won **AHA's 2019 Science Advocate of the Year** award. See his video [here](#). Dr. Jauch worked in South Carolina before moving to Mission Health in North Carolina and joining SAC. Congratulations and many thanks to Peg and Dr. Jauch for their efforts!

Ron Cromartie made a motion that the minutes from the August 8, 2019 Stroke Advisory Council (SAC) meeting be approved as submitted, Pam Duncan seconded, and the minutes were approved unanimously.

Peg provided a legislative update on items from the Action Agenda and noted that the current legislative budget impasse is affecting the efforts to Close the Insurance Gap and other items on the Agenda.

- Tobacco cessation programs-no changes made; funding remains at current levels.
- Tobacco use prevention programs-although the budget listed \$500,000 for FY2019-2020 and \$1,000,000 for FY2020-21, the state did not pass the budget and there are zero dollars for tobacco use prevention.
- Healthy Food Small Retailer Program-no funding was included and no changes were made to program language to allow previously appropriated funds to continue the program or provide technical assistance
- Close the health insurance gap-not in the budget; legislature will discuss health care in January
- Support AHA efforts to assure coverage of all cardiovascular-related US Preventive Services Task Force A and B preventive services for Medicaid enrollees. A WIN! Coverage of preventive services was included in Medicaid Transformation.
- Support EFNEP (Expanded Food and Nutrition Education Program) expansion-although there was a bill for \$750,000 introduced in House (H719), it did not advance and was therefore not included in the budget.

Hospital Survey Update

Anna Bess Brown shared that we have received 47 of 112 Hospital Surveys. SAC is now transitioning the management of the survey to the Division of Public Health. The hospital survey work group will continue to reach out to non-respondents in order to gain a more complete picture of stroke care in the state. We would like representation from additional hospitals on the work group. Contact Anna Bess in order to sign up for the Hospital Survey Work Group.

Pediatric Stroke

Mary Kay Ballasiotes, Executive Director of the International Alliance for Pediatric Stroke, provided the latest information on pediatric stroke identification and care. Pediatric stroke is categorized as either Perinatal, occurring in the last 18 weeks of gestation through one month of age, or Childhood stroke which occurs from one month of age to 18 years. Given the lack of universal surveillance and data collection for pediatric stroke, there are no statistics on how widespread pediatric stroke is. Risk factors for pediatric stroke are different from adults. Signs and symptoms for childhood stroke are similar to those in adults, and perinatal stroke signs and symptoms are quite different and often delay the diagnosis of stroke. Education for all health care providers and parents is critical to reduce the delay in diagnosing pediatric stroke. Mary Kay explained that there is no protocol for pediatric stroke; and therefore, no hospital in NC has one. Discussion following the presentation covered the need for more education and awareness; protocol for pediatric stroke diagnosis, care, administering TPA, and data collection. Mary Kay explained that she serves on ASA's board and they are working on pediatric stroke policies. New Hanover Regional Medical Center shared that they are preparing their Pediatric Stroke Response Team to go live. See the Pediatric Stroke presentation for more details.

DiabetesFree NC

Erica Hall, Diabetes Prevention Program and Heart Disease Coordinator in the NC Division of Public Health, presented an overview of the new Diabetes Prevention Program referral service to connect people and providers with patients at risk for diabetes to a navigator who can facilitate enrollment in an in-person diabetes prevention program or on-line program. The toll-free hotline, 844-328-0021, is open from 7 am to 7 pm, Monday through Friday to facilitate connection to a prevention program. See the DiabetesFreeNC presentation for more detail.

North Carolina Stroke System of Care (SSOC)

Sylvia Coleman, SSOC Development Team Chair, thanked the members of the Development Team for their work on the SSC this year: **Ashley Elks**, Vidant Health; **Robin Jones**, Mission Health; **Jo Malfitano**, Onslow Memorial; **Colin McDonald**, Novant Health; **Karen Norman**, Novant Health; **Nilam Patel**, Duke Health; and **Shree Shah**, Duke Health. She shared the process of developing strategies and resources for the SSOC which is located on the startwithyourheart.com website. Having the SSC on the web allows SAC to add information and keep the resources updated. We will have a group that will review suggested resources and perform a review of the entire SSC yearly.

The vision for the SSC is for stakeholders in different parts of the system to act in concert: to develop a common vision, align strategies, and support one another in execution. The primary audience is providers of stroke care. There are four sections of the SSC:

- I. Stroke Prevention
- II. Stroke Care
- III. Post-Stroke Care
- IV. Advocacy

Each section has strategies and resources which support each strategy. The Advocacy section is cross-cutting.

Sylvia introduced Catherine Hill with DPH who provided a demo of the [SSC](#) and walked everyone through the newly designed [website](#).

Anna Bess Brown thanked **Sylvia**, the **SSC Development Team** and **SAC work groups** for their work throughout the year on the SSC. She thanked **Cathy Thomas** for her support of the SSC and **Catherine Hill** for her contributions to website redesign. Anna Bess explained that SAC is forming new ad hoc work groups to address issues that arose while exploring strategies for the NC Stroke System of Care. Anyone can join the work groups; Council membership is not required. She encouraged participants to sign up. Work groups are: **Telestroke, Prehospital Assessment, Data, HIE Stroke Registry and Hospital Survey**.

Closing

Peg thanked everyone for participating in the meeting and sharing their work. She reminded everyone to sign up for a work group and to share their resources, protocols and tools in support of the Stroke System of Care work. She declared the meeting adjourned.

Next Meeting:

The next **Stroke Advisory Council meeting** will be **February 26, 2020** in the **Cardinal Room** at the **Division of Public Health**, 5505 Six Forks Road, Raleigh:

11-1 Work groups meet

12-1 Lunch

1-3 SAC Meeting