



# Constellation Regional Collaborative

NC Stroke Advisory Council Meeting  
May 22, 2025



# Our Story



**Constellation Quality Health** (formerly CCME) is built on a 40+ year foundation of innovation and excellence. Through cutting-edge technology, data analytics, and deep industry expertise, we provide actionable insights and strategic guidance to improve system performance while providing patient-centered, cost-effective care.

Constellation can help:



Protect yourself from financial waste and fraud



Receive expert analysis of care utilization



Develop strategies and framework for quality improvements



Identify gaps and risks in health care delivery

# CONSTELLATION QUALITY HEALTH SERVICES



## PROGRAM SOLUTIONS

- External Quality Review
- Fraud, Waste, and Abuse
- Outpatient Specialist Therapies
- Behavioral Health



## QUALITY IMPROVEMENT

- Quality Improvement
- Chronic Disease
- Post Acute Care
- Workforce Development



## QUALITY CONSULTING

- Care Delivery Services
- Corporate Health Systems
- Nursing Home Services
- Population Health Management



## TECHNOLOGY SOLUTIONS

- Vega
- Custom technology development

## Our Charitable Impact

The CCME Foundation works to improve the health of individuals and communities.

We provide charitable grants to nonprofits to fund projects that improve access to health care and health-related services in the Carolinas.







# Awarded 5-year Cooperative Agreement from the CDC

An innovative approach to improve HTN, CVD, Hyperlipidemia, and Stroke disparity among minority populations by addressing social determinant needs.

Funding will help improve cardiovascular disease disparities in **South Carolina** and **North Carolina**.

## Program Lines

- ✦ Hypertension & Cardiovascular Disease Interdisciplinary ECHO Series (IES)
- ✦ Constellation Regional Learning Collaborative (CRLC)
- ✦ In – Clinic Pharmacist Pilot (ICPP)
- ✦ Constellation Community Care Hub (CCCH)

## Key Focus

- ✦ Improving HTN control and cardiovascular care for individuals (18+) in communities with hypertension prevalence of 53% and higher
- ✦ Whole-patient care
- ✦ Community–Clinical linkage standardization and integration
- ✦ Standardized utilization of team-based care
- ✦ Quality improvement and health equity integration

## CDC Counties in South Carolina and North Carolina

### South Carolina County Partners

- ◆ Anderson
- ◆ Berkeley
- ◆ Darlington
- ◆ Florence
- ◆ Lancaster
- ◆ Lee
- ◆ Richland
- ◆ Spartanburg
- ◆ Sumter
- ◆ Williamsburg
- ◆ York



### North Carolina County Partners

- ◆ Guilford
- ◆ Lenoir
- ◆ Mecklenburg
- ◆ Wilson





## In-Clinic Pharmacist Pilot (ICPP)

Community pharmacists are embedded in clinics to work with care teams within census tracts in SC to provide education and training for controlling hypertension and addressing related cardiovascular disease.

Supported by South Carolina Office of Rural Health (SCORH) and Donna Avant, a distinguished Community Pharmacist.

Adaptation of SC Pharmacy Association patient education program.

- ✦ Foothills Community Health Care (a FQHC) in Anderson Co., SC.
- ✦ Over 30 patients enrolled as of April 2025





# Interdisciplinary ECHO Series(IES)

- ✦ Launched in June 2024, offering solutions to resistant and complex HTN and CVD cases for primary care and other providers with recommendations from clinical and community subject matter experts (SMEs)
- ✦ Reoccurring monthly, 1-hour sessions
- ✦ “All teach, All Learn”
- ✦ Free CME credits are offered to participants\*
- ✦ Community–Clinical Linkages

# Constellation Regional Learning Collaborative (CRLC)

*Powered by Constellation Quality Health*



A primary care, team-focused, hypertension improvement program that launched in July 2024 with education modules designed to help the practice meet the goals and outcome measures.

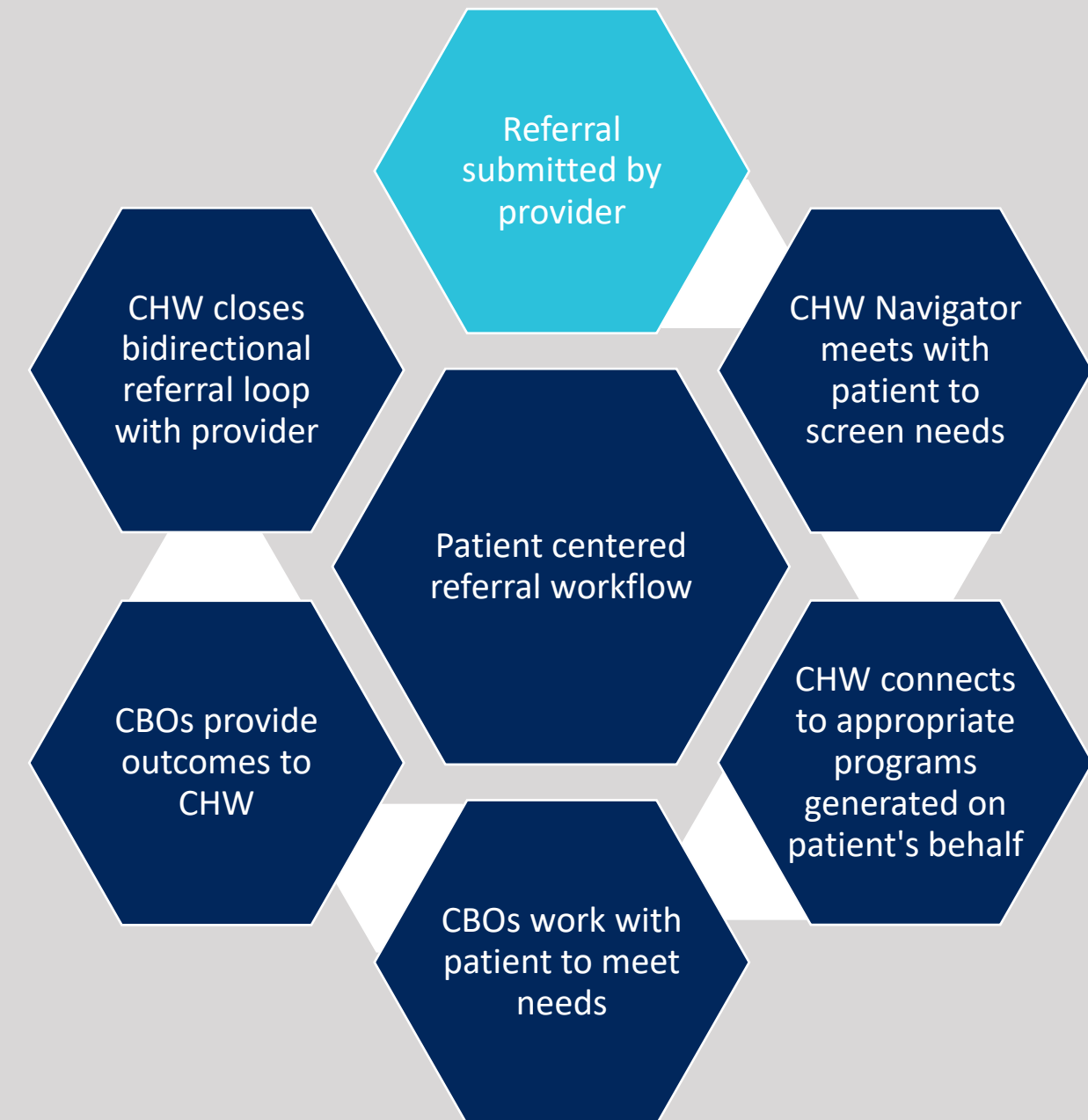
- ✦ One-year collaborative
- ✦ Offered annually
- ✦ Quarterly SME-led learning sessions
- ✦ Continuous support of Lead and Transformational Coaches
- ✦ Practices follow guidance from change packet
- ✦ Community-clinical linkages engaged
- ✦ Free CME credits are offered to participating care team members\*
- ✦ Upon successful completion, practices receive American Society of Hypertension (ASH) designation

\* This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern Medical Association and Constellation Quality Health. The Southern Medical Association is accredited by the ACCME to provide continuing medical education for physicians.



# Constellation Community Care Hub (CCCH)

- ★ **Powered by Vega**
  - A bi-directional referral platform
- ★ **Supported by a HUB CHW Navigator**
  - Personalized Care Coordination
  - Bi-Directional Referrals via Vega
  - Health Education and Support
  - Culturally Competent Assistance
  - Ensuring Continuity of Care
- ★ SDoH screenings completed with PRAPARE tool
- ★ Launched November 2024



# Constellation Regional Collaborative Opportunities for Collaboration

- ✦ Participate in Interdisciplinary ECHO Series
- ✦ Join Constellation Regional Learning Collaborative Cohort 2 (beginning September 2025)
- ✦ Present at the upcoming Hypertension Summit November 6 – 8, 2025, Charleston, SC

Contact us at: [regionalcollab@constellationqh.org](mailto:regionalcollab@constellationqh.org)

- ✦ Apply for grant funding from the CCME Foundation

Our grant application period begins April 1st and closes June 15th each year. Grants range from \$5,000 to \$50,000. To learn more about funding opportunities and how to apply, please visit our [webpage](#) and download the [FAQ](#).





# Our Team



**Maxine Arena**  
Program Manager



**Kathleen Wellman**  
Program Coordinator



**Sylvia Coleman**  
Strategy Consultant



**Sydnie Fleming**  
Outreach and  
Community  
Engagement  
Specialist



**Samantha Murdaugh**  
Program Evaluation  
Consultant

Contact us at: [regionalcollab@constellationqh.org](mailto:regionalcollab@constellationqh.org)





TITLE

thank you!

[www.constellationqualityhealth.org](http://www.constellationqualityhealth.org)