

NOTES

Stroke Coordinators' Meeting

January 15, 2025

2:00 pm – 3:00 pm

I. Welcome and Happy New Year!

II. Join the Stroke Advisory Council:

- Quarterly meetings, work groups, monthly email Updates, website startwithyourheart.com, [Stroke System of Care](#)
 - **2025 SAC Meetings: March 4, May 22, September date TBD, November 12. All virtual meetings 1-2:30 PM.**
 - **Nov. 14th meeting featured the new 2024 Prevention Guideline by lead author Cheryl Bushnell with Wake Forest Baptist Medical School and a presentation by Brad Kolls with Duke: Lessons Learned from the IMPROVE Stroke Care Consortium**, a group of nine Hub hospitals and their 57 regional community hospitals, a systems of care improvement project.
- Slides, minutes, of November meeting posted [here](#). Recording and IMPROVE Stroke slides will be posted after publication of data.
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III. Business:

- We last met in October. There have been lots of changes and updates, the best being that **Terri Moore is back as Coverdell Stroke Program Coordinator. Please send your staff changes to Anna Bess.**
- How are folks living in **western NC**?
- Please let us know if you're presenting at **ISC in LA in Feb.**
- **Next meeting: February 25, 2025 from 2-3 pm.** Please note we started a new series for 2025 beginning with this January meeting. Please contact Anna Bess if you did not receive the 2025 meeting series invitation.
- All SC meeting slides, notes, and recordings are posted on our website. Follow this [LINK](#).

Request:

- **Action Items:** Email Anna Bess Brown at anna.brown@dhhs.nc.gov if you'd like to help plan future Stroke Coordinator Meetings. Thank you!
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IV. Presentation:

- Thanks to **Sylvia Coleman** who presented a summary (see slides) of the virtual group Sept. 25th discussion. We pulled all the notes together and created a tool to use as a resource and guide. Find it on the website: [LINK](#).

At our last meeting, we also had a good discussion about the TJC's Patient Satisfaction scoring requirements. We will discuss further in February.

A reminder that the **website Start with Your Heart** is moving to DHHS so that all the chronic disease resources will be together and available through their website. As we refresh the website, please review it (startwithyourheart.com) and let Anna Bess know your ideas for new resources.

The Coverdell Stroke Program RFA posted Jan. 8, and applications are due February 14:

[Paul Coverdell National Acute Stroke Program RFA – Community and Clinical Connections for Prevention and Health](#)

Please send your questions to Cindy Stevenson at cindy.stevenson@dhhs.nc.gov by Jan. 24. While we are unable to answer questions today, we want to share the RFA, explain the application process, and encourage you to apply.

Today we'll hear from Lauren Stevenson, Erika Yourkiewicz, and Rebecca Gainey with Novant Health New Hanover Regional Medical Center about one of their Coverdell Stroke Program projects from the last Coverdell cycle.

V. Topics for Future Meetings:

- Optimist Main (low frequency vital sign/neuro check monitoring)
 - Community Assessments
 - Disparities/Gaps in Care
 - EMS Education - cost effective, efficient
 - Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large-scale advertising
 - Improvements for Door In - Door Out Times
 - Success with low DIDO times for LVO patients - especially in rural hospitals
 - Strategies for increasing numbers of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices
 - Stroke Response Team: Successes and Lessons Learned
 - Improving Neuro Assessment Completion
 - Best Practices in transitional care after discharge
 - Community Resources
 - Stroke Awareness Month events/activities
 - Funding & tracking success of programs to provide BP cuffs
 - Stroke System of Care in NC (and compare to other states)
 - Community Paramedicine- utilizing, best practices, connecting
 - Stroke scanning, diagnosis and treatment in obese patients
 - Use of a QR code to share data with EMS or any other outside (of your facility) group. Other data sharing methods.
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