

# NOTES

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## Stroke Coordinators' Call February 28, 2024 2:00 pm – 3:00 pm

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### I. Welcome and Introductions

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### II. Join the Stroke Advisory Council:

- Quarterly meetings, work groups, monthly Updates, website [startwithyourheart.com](https://startwithyourheart.com)
  - [Stroke System of Care](#)
  - **Stroke Advisory Council** virtual meeting March 6 1-2:30 on Teams: [Novant Health's Community Health Worker Program](#)  
Join on your computer, mobile app or room device  
[Click here to join the meeting](#)  
Meeting ID: 218 577 572 87  
Passcode: P72ZuC  
[Download Teams](#) | [Join on the web](#)  
Join with a video conferencing device  
[ncgov@m.webex.com](mailto:ncgov@m.webex.com)  
Video Conference ID: 111 852 862 3  
[Alternate VTC instructions](#)  
Or call in (audio only)  
[+1 984-204-1487,747140953#](tel:+19842041487747140953) United States, Raleigh  
Phone Conference ID: 747 140 953#  
[Find a local number](#) | [Reset PIN](#)  
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### III. Business/Housekeeping:

- **Next call: March 27 from 2-3 PM** our presenter will be Duke Fellow and a co-author of the ZODIAC Trial white paper: Zero Degree Head Positioning in Acute Large Vessel Ischemic Stroke, Dr. Gabriel Torrealba-Acosta. ISC abstract link: <https://bit.ly/3SznL26>
- **Topics for future calls:** For **April** we would like to provide space to discuss successful strategies for increasing #s of stroke patients coming to the hospital via EMS, reducing private owned vehicle (POV) arrivals; and include the impact on hospital triage practices. **Ask for volunteers to present/facilitate.**
- **Reminder:** We now have all past SC call slides, notes, and recordings on our website. The link was sent in a previous email, and we will post in chat: [LINK](#)
- **Anyone willing to help plan these calls?** We are still looking for volunteers to help Terri in the planning of our calls. We'd love your input. Put your name in the chat or email Terri ([terri.moore@dhhs.nc.gov](mailto:terri.moore@dhhs.nc.gov)) if you're interested.
- **Mark your calendars for an in-person meeting of Stroke Coordinators in conjunction with a Stroke Advisory Council meeting in September 25, 2024 at Atrium Health in Charlotte.**
- **FYI:** Registration is now open for the NINDS-sponsored 1.5 day conference entitled: **Advancing the Study of Stroke in Women Through the Integration of Basic, Clinical and Socioeconomic Perspectives.**  
**WHEN:** All day Monday, April 8, 2024 starting at 8:00 am (breakfast 7:30 am) and half day Tuesday, April 9th, 2024, starting at 7:45 am (breakfast 7:15) and ending at Noon  
**WHERE:** Sheraton Pentagon City, Arlington, VA  
[Registration Link](#)

#### Decisions:

- Terri will create a spreadsheet for information on bariatric imaging, treatment, equipment, and transport capabilities.  
**Stay tuned.**

#### Action Items:

- **Volunteer** for the SC Call planning committee.
  - **Volunteer for April** presenters/facilitators
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- **Send** ideas for topics or speakers, stroke coordinator contact list updates, and information on support groups to Terri Moore [terri.moore@dhhs.nc.gov](mailto:terri.moore@dhhs.nc.gov)
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#### IV. **Presentation:**

- **Thanks to our January presenter Barbara Lutz who presented** on the PATH-s assessment tool which was developed from the theoretical framework, "Improving Stroke Caregiver Readiness."
  - **In February Dr. Alexandra Giedd, MD, MPH, an obesity medicine fellow at Atrium Health,** presented on **Caring for Patients with Obesity** and facilitated a discussion around the issues of scanning and treatment of stroke in these patients. **See her slides.**
  - Dr. Giedd has a background in Family Medicine and has experience in the emergency department, OR, and in inpatient and outpatient settings.
  - In her presentation, Dr. Geid provided information on caring for patients with obesity and took coordinators through a case study of a bariatric patient with stroke symptoms. She then included questions to ask at each point of contact: transport, diagnosis, treatment, impatient, skilled nursing/rehabilitation inpatient. **See her slides for consideration questions.**
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#### V. **Topics for Future Calls:**

- Optimist Main (low frequency vital sign/neuro check monitoring)
  - Community Assessments
  - Disparities/Gaps in Care
  - EMS Education - cost effective, efficient
  - Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
  - Improvements for Door In - Door Out Times
  - Success with low DIDO times for LVO patients - especially in rural hospitals
  - Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices
  - Stroke Response Team: Successes and Lessons Learned
  - Improving Neuro Assessment Completion
  - Best Practices in transitional care after discharge
  - Community Resources
  - Stroke Awareness Month events/activities
  - Funding & tracking success of programs to provide BP cuffs
  - Stroke System of Care in NC (and compare to other states)
  - Community Paramedicine- utilizing, best practices, connecting
  - Stroke scanning, diagnosis and treatment in obese patients
  - Use of a QR code to share data with EMS or any other outside (of your facility) group. Other data sharing methods.
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