



Navigating our Stroke Patients from Admission through Discharge...

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Inpatient Navigation

- Assess each Stroke/TIA patient within 24 hours of admission to provide stroke education and providing individualized risk factor information.
- Complete a social assessment to determine barriers to discharge or stroke recovery.
- Assess the **social determinants of health** focusing on **transportation** and **financial constraints**. Make appropriate referrals if issues are noted.
- Provide a Modified Rankin Score daily.
- Complete depression screening on admission using the PHQ9 tool to determine prehospital history/baseline and need for referrals.
- Visit patient/caregiver daily and attend Interdisciplinary rounding to relay patient/caregiver concerns/issues and determine patient's discharge disposition.
- Educate patients regarding bedside medication delivery process that is available at discharge.
- At discharge we make an appointment with 7 days with Stroke Bridge Clinic.
- Establish/make a PCP appointment within 14 days prior to discharge.
- Complete FMLA/Insurance forms as needed.

Outpatient Navigation: Discharge

Complete a TCM call to the patient/caregiver within **48 hours** of discharge to review patient's discharge plan and orders.

Review discharge plan with AVS and discharge note by discharging MD.

Review Stroke education and individualized Stroke risk factors.

Evaluate and provide Modified Rankin Score.

Verify PCP and specialty appointments (Stroke Bridge Clinic/Neurology/Cardiology, PT/ST/OT).

Reminder call for the SBC appointment 2 days before appointment.

Outpatient Navigation: Stroke Bridge Clinic

Stroke Bridge Clinic appointment within **7 days** of discharge

Follow up Stroke Education/stroke risk factor review/therapy visits/PCP appointment

Pharmacy medication review

Complete PHQ9/Fall risk

Neurology follow up 6 weeks from SBC visit

Assess SDOH: food insecurities, transportation, financial constraints, tobacco use and depression are addressed in the clinic. A positive screen prompts a referral be made to evaluate the concern. During clinic visit resources are printed and provided to the patient regarding the patient's needs. If a food insecurity is discovered, an emergency food box is available in each clinic to be dispensed immediately.

- ***A 90 day phone call is completed for complicated Stroke Patients.

Social Determinants of Health

Why should we care about social determinants of health?

-When you think about a person's well-being, the clinical care we provide within our walls only accounts for 10 percent of the total pie. Genes/biology and the physical environment account for another 10 percent each, and health behaviors are 30 percent of the pie.

The largest piece of the pie, **40 percent**, is related to social and economic factors.