**STROKE ADVISORY COUNCIL MEETNG MINUTES**

Tuesday, February 28, 2017 11:00 - 1:00 PM

Cardinal Room, DPH

**Members/Partners**

Present: Karen McCall, Chair, UNC Healthcare Communications & Marketing; Peg O’Connell, Vice Chair, Fuquay Solutions; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force; Ron Cromartie, Innovative Health Care Consulting; John Dugan, American Heart Association (AHA); Carolyn Dunn, NC State Extension; Shae Earles, Duke Raleigh; Abby Fairbank, AHA; Brian Forrest, Academy of Family Physicians; David Huang, UNC Comprehensive Stroke Center; Lorelei Jones, Expanded Food and Nutrition Education Program (EFNEP); Elizabeth Larson, Duke Raleigh; Sheri Little, WISEWOMAN, DPH; Kristin Merritt; Duke Raleigh; Wanda Moore, Justus-Warren Heart Disease and Stroke Prevention Task Force; Brett Parkhurst, Genentech; Sharon Rhyne, Chronic Disease & Injury, DPH; Maura Silverman, Triangle Aphasia Project; Cathy Thomas, Community and Clinical Connections for Prevention and Health, DPH; Betsy Vetter, AHA; Haley Wetmore, Medtronic; Dani Schenk, WISEWOMAN, DPH; Jackie Thompson, UNC Rex Hospital; Jen Teague, Dept. of Aging and Adult Services, DPH

By phone: Stephanie Ebert, Medtronic; Tammy Johnson, Carolina East New Bern; Robin Jones, Mission Health System

**Welcome, Introductions and Approval of October 13, 2016 Meeting Minutes**

Karen McCall, chair, welcomed everyone; and attendees introduced themselves.

Brian Forrest made a motion that the minutes from the December 1, 2016 meeting be approved as submitted, David Huang seconded, and the minutes were approved unanimously.

**Action Agenda Update**

Karen McCall reviewed the items on the 2017 Task Force Action Agenda:

1. Endorse the $3 million funding request to expand tobacco cessation and prevention services including funding for QuitlineNC.
2. Endorse the $7 million funding request for youth tobacco prevention.
3. Endorse the $1 million recurring funding request to expand the Healthy Food Small Retailer Program.
4. Track and monitor Care4Carolina's efforts to close the health insurance gap.

Peg O’Connell gave updates on the Action Agenda items:

1. Representative Lambeth is working on language to include additional funding for Quitline in the budget.
2. Representatives Lambeth, Dobson and Adcock will introduce a bill requesting $17 million for tobacco prevention. $17 million is the amount the tobacco settlement funds formerly funded tobacco control programs. NC Alliance for Health will hold a press conference to introduce the bill at 10 AM during their Advocacy Day on March 8.
3. NC Alliance for Health is leading efforts to expand the Healthy Food Small Retailer Program and will champion the work at their Advocacy Day March 8. The funding will come from the Dept. of Agriculture.
4. Care4Carolina continues progress. Join the [Coalition](https://care4carolina.wordpress.com/).

Betsy Vetter announced that American Heart Association will ask all lawmakers to know their blood pressure numbers during its Advocacy Day March 14 which will set up for Hypertension Awareness Day in May.

**Expanded Food and Nutrition Education Program (EFNEP)**

Lorelei Jones, EFNEP Coordinator with the Department of Agricultural and Human Sciences at North Carolina State University, presented the Expanded Food and Nutrition Education Program (EFNEP). Please see slide set for the presentation. Lorelei asked that members support seeking state funds to match the federal funds ERNEP receives.

Lorelei answered questions following her presentation. She explained that EFNEP works through County Extension Offices which connects in a direct line to county managers in each county. She added that schools, health departments, head start programs, housing developments and other community organizations come on as partners. In certain counties, the county dedicates 50% of a county position to EFNEP. She said that for every $1 invested in EFNEP, there is up to a $10 cost savings in health care. Federal funds come from the FDA.

When fielding a question about corner stores and where to shop, she explained that EFNEP teaches about buying strategies over where to shop.

She shared that many EFNEP sites use the NC curriculum.

In response to a question about whether EFNEP has sought state funding before, she explained that in the past EFNEP had a supportive House member who was not re-elected.

**Work Group Meetings and Reports**

Detailed minutes will be sent to work group members. The following summarizes three next steps shared by work group leaders at the meeting.

**Integrating and Accessing Care Work Group**

Chair: David Huang

Present: Ron Cromartie, John Dugan, Shae Earles, Abby Fairbank, David Huang, Elizabeth Larson, Karen McCall, Kristin Merritt, Bret Parkhurst, Jackie Thompson, Haley Wetmore

On Phone: Stephanie Ebert, Tammy Johnson, Robin Jones

Dr. Huang reported from the work group:

1. Reassess state of the state in all levels of stroke care. A subcommittee will create a survey for hospitals. The group will ask stroke coordinators to look at their data from the last two years and provide information on how far patients are traveling, outcomes, etc.
2. Educate local providers about advanced treatment to address the gap in education of providers who are not affiliated with stroke centers. A subcommittee will determine content and format of the education.
3. In order to make a recommendation on a coordinated statewide plan, we must develop quality benchmarks to see if coordinated efforts are resulting in outcomes. The group will work on steps 1 & 2 now and ask for funding later.

The group plans to have survey and education ideas to report on at the May meeting.

**Post-Stroke Health Work Group**

Present: Wanda Moore, Maura Silverman, Betsy Vetter

Betsy Vetter reported from the work group:

1. Focus areas: prevention, in-office counseling, secondary prevention
2. Dr. Pam Duncan is very concerned about Medicaid reimbursement. We recommend a presentation to the Task Force on the toll of stroke in NC that illustrates the continuum of costs, gaps in care, and a comparison to someone who doesn’t have insurance. The purpose is to educate new members and legislators on the costs of stroke in NC and to examine where to invest in stroke prevention.
3. May is Stroke Month. The group proposes providing general stroke education on Hypertension Day. The group plans to build on the benefits conversation Betsy had with DMA and develop communication to send out to all physicians.
4. The group needs Anna Bess to help arrange provider training in collaboration with Division of Aging, DMA, AHEC, and Heart Health Now on the importance of physical activity for stroke patients.

**Prevention and Public Awareness Work Group**

Chair-Brian Forrest; Vice Chair- Peg O’Connell

Present: Anna Bess Brown, Brian Forrest, Sheri Little, Peg O’Connell, Dani Schenk, Jen Teague

Dr. Forrest reported from the work group:

1. The group agreed we need to integrate with programs like WISEWOMAN that are evidence-based and are currently in operation. WISEWOMAN offered to share their data on their pilot blood pressure program.
2. We are working to hone messages for getting blood pressure to goal; then we plan ask for money to fund a Hypertension Campaign.
3. Our next call March 23 from 1-2 PM. Please join us.

Discussion: Dr. Huang suggested partnering with AHA Know Your Numbers Campaign.

Abby Fairbank invited everyone to the [Inaugural Mid-Atlantic Heart & Stroke Quality Summit](https://americanheartrichmond.ejoinme.org/HeartandStrokeSummit) in Raleigh April 24-28.

Please plan to attend our next meetings:

* **May 23 - 10am-12pm** *Ali Zomorodi, MD from Duke Health will present.*
* **August 11 - 10am-12pm**
* **November 1 - 1pm-3pm**

All meetings will be held in the Cardinal Room on the first floor of Building 3 at 5605 Six Forks Rd., Raleigh, NC 27609.