



**Justus-Warren Heart Disease and Stroke Prevention Task Force (JWTF)
April 6, 2016 Meeting Minutes**

Agenda Item	Discussion Points	Action Items
Meeting Attendees	<p>Members: Representative Becky Carney, Chair; Frank Amend (volunteer, American Heart Association); Carolyn Dunn (NCSU Cooperative Extension); Mary Edwards (Division of Aging and Adult Services); Brian R. Forrest (practicing physician); Senator Kathy Harrington; Ashley Honeycutt (Licensed Dietician/Nutritionist, UNC Rex Health); Kathryn M. Lawler (RN, At-Large Appointee); Karen McCall (Stroke Advisory Council Co-Chair, UNC Health Care); Kimberly Moore (business member of Wellness Council, NC Mutual Life Insurance); Wanda Moore (Registered Nurse); Senator Ronald Rabin; Sheree Vodicka (Eat Smart, Move More NC); Randall Williams (DHHS Deputy Secretary for Health) and Representative Larry Yarborough. Note: Eric Naisbitt, Legislative Assistant, attended for Senator Chad Barefoot.</p> <p>Partners: Lori Atkins (UNC Rex), Anna Bess Brown (JWTF Exec. Dir.), Alicia Clark (DPH CCCPH), Sylvia Coleman (COMPASS-WFBMC), Ron Cromartie (Innovative HealthCare Consulting), Samuel Cykert (speaker), Sheila DeBastiani (WakeMed), June Deen (American Lung Assoc.), John Dugan (AHA), Abby Fairbank (AHA), Morgan Wittman Gramann (NC Alliance for Health), Greg Griggs (NCAFP), Shayla Hayes (Albemarle Regional Health Services), Sally Herndon (DPH TPCB), Sarah Jacobson (AHA), Dominique Jones (DPH Cancer Branch), Yoon Hie Kim (NCAFP), Linda King (AHA), Sanga Krupakar (DPH CCCPH), Kayla Lawson (DAAS Dietetic Intern), Monique Mackey (NC AHEC), Josephine Malfitano (Onslow Memorial Hospital), Kelly Moulton (DPH Cancer Branch), Nidu Menon (speaker), Peg O'Connell (speaker), Ruth Petersen (speaker), April Reese (DPH CCCPH), Sharon Rhyne (DPH CDI), Birtha Shaw (Central Carolina Hospital), Jen Sohl-Marion (DPH CCCPH), Sandra Stanley (Albemarle Regional Health Services), Cathy Thomas (DPH CCCPH), Brian Traver (DPH CCCPH), Christine Weason (ACS CAN), and Cornell Wright (DPH OMHHD).</p>	List of members posted at startwithyourheart.com/Justus-Warren/Members
Welcome and Introductions Representative Becky Carney, Chair	Representative Carney welcomed everyone, thanked the staff of the Sergeant-at-Arms and invited all in attendance to introduce themselves with name and affiliation. She announced hypertension as the theme of the meeting.	Minutes posted at startwithyourheart.com
Approval of November 13, 2015 minutes	Frank Amend motioned approval of the November 13, 2015 minutes as submitted. Karen McCall seconded the motion. The motion passed with no opposing votes.	Speaker bios posted at startwithyourheart.com

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NC Division of Public Health Updates Ruth Petersen, MD, MPH Chronic Disease and Injury Section Chief	Dr. Petersen presented updates from the NC Division of Public Health and recommendations from the Hypertension Ad Hoc Committee. Dr. Petersen thanked the JWTF for supporting HUD efforts to prohibit smoking in public housing. She also explained that the NC Division of Public Health is working on a statewide certification and credentialing process for community health workers.	Speaker slides and Hypertension Ad Hoc Committee Recommendations posted at startwithyourheart.com Dr. Petersen will keep the JWTF updated on the community health worker certification process.
“Live Healthy to Be There” Media Campaign Jen Sohl-Marion, MPH, RD, LDN NC Division of Public Health	Jen Sohl-Marion shared “Live Healthy to Be There,” a media campaign which encourages NC citizens to be healthy, track their health numbers, eat well and stay active in order to reduce their risk for chronic disease and to be there for the big moments in life such as graduations and weddings. The campaign will be released in May.	See slides with various formats, co-branding and advertising options at startwithyourheart.com
AHEC Hypertension Update Samuel Cykert, MD NC Area Health Education Centers	Dr. Cykert shared an update on “ Heart Health Now ” and presented a new heart health project called “CHANGE” that uses community health workers for rural outreach to community members with cardiovascular risks. Primary care practices interested in participating should email Dr. Cykert .	JWTF members asked to be kept updated on the programs. Speaker presentations posted at startwithyourheart.com
State Health Plan Hypertension Update Nidu Menon, PhD NC State Health Plan	Dr. Nidu Menon presented an update from the NC State Health Plan (SHP) and their latest efforts to reduce hypertension. Health coaches are available to members to help them manage hypertension. The SHP offers education, health engagement programs and incentives for cardiovascular health for subscribers and covered dependents.	Speaker presentations posted at startwithyourheart.com
Statewide Tools and Resources Sanga Krupakar, MBBS, MSPH NC Division of Public Health	Dr. Sanga Krupakar presented on statewide tools and resources including a Self-Measured Blood Pressure Protocol and Blood Pressure Refresher Training for Providers. For fact sheets, videos and other materials, go to resources at startwithyourheart.com	Speaker presentations posted at startwithyourheart.com
Target: BP™ Linda King, MPA American Heart Association	Linda King presented “Target BP,” the American Heart Association’s nationwide program created to reach a 20% reduction in high blood pressure by the year 2020.	Speaker presentations posted at startwithyourheart.com
Questions and Discussion	Members asked questions of the presenters and discussed the need for prevention, early identification and intervention as well as accurate blood pressure measurement.	
Healthy Corner Store Bill Peg O’Connell, JD	Peg O’Connell reported on HB 250/SB296, Healthy Food Small Retailer/Corner Store Act , which is also called the Food Desert Bill. She shared that 1:5 people in the state don’t have access to full-service grocery stores, and over one-third of children in NC are overweight or obese. Data shows that proximity to healthy food improves outcomes.	Speaker presentations posted at startwithyourheart.com

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	<p>Three NC counties participated in a pilot project that provided technical assistance to the small vendors to help stores stock healthy foods. The bill would grant \$1 million in funds to provide technical assistance and grants for equipment to support putting healthy foods into smaller stores across the state. HB 250 passed the House last session and is now in the Senate. Brian Forrest motioned that the Task Force officially support the bill. Frank Amend seconded the motion. The motion passed with no opposition.</p>	
<p>Executive Director's Report Anna Bess Brown, MPH</p>	<p>Representative Carney thanked Cathy Thomas for doing a very nice job serving as the interim Executive Director and introduced Anna Bess as the new Executive Director for the Task Force.</p> <p>Anna Bess thanked everyone for the warm welcome, noted the decline in disease rates and recognized that there is much work yet to do. She explained that the JWTF will be watching an initiative that is being led by the Child Fatality Task Force in support of \$250,000 in funding for You Quit Two Quit perinatal tobacco cessation program. She reminded all to use the resources on our website including a blood pressure tool kit as May is Blood Pressure Awareness month. She thanked Rep. Carney for her leadership, all members of the Task Force, and the day's speakers.</p>	<p>Speaker presentations, minutes, updates posted at startwithyourheart.com</p> <p>Many resources (videos, fact sheets, etc.) are also available on this website.</p>
<p>Potential Legislative Endorsement Levels Short Session Overview Representative Becky Carney, Chair</p>	<p>Representative Carney explained a handout that describes four levels of legislative support used by the Child Fatality Task Force. Frank Amend motioned that the levels be adopted by the JWTF to use in classifying and tracking issues of interest. Brian Forrest seconded the motion. The motion passed with no opposition.</p>	<p>Levels of Legislative Support posted at startwithyourheart.com</p>
<p>Closing Remarks Representative Becky Carney, Chair</p>	<p>Representative Carney thanked everyone for actively participating in the critical work of heart disease and stroke prevention. The meeting adjourned at 3:15 pm.</p>	