



**Justus-Warren Heart Disease and Stroke Prevention Task Force
Minutes for January 7, 2020 Meeting**

Agenda Item	Discussion Points	Action Items
Meeting Attendees	<p>Members: Stephanie Dorko Austin (daughter born with heart defect); Senator Jim Burgin; Shonda Corbett (NC Association of Area Agencies on Aging); Beth Daniel (Associate Director of Medical Policy, NC Medicaid, DHHS); Yolanda Dickerson (American Heart Association Volunteer); Carolyn Dunn (NC State); R. Nevill Gates (Internist, Greensboro); Ashley Honeycutt (Licensed Dietician/Nutritionist, UNC Rex); Representative Frank Iler; Kimberly Moore (Marketing and Public Relations Counsel; Director of Marketing & Communications, St. Augustine's University); Wanda Moore (Registered Nurse, Brunswick County); Deborah Holt Noel (UNC TV); Senator Jim Perry; Ruth Gilliam Phillips (Director, NCCU Student Health & Counseling); Joey Propst (stroke survivor); Senator Vickie Sawyer; Representative Larry Yarborough.</p> <p>Partners: Wally Ainsworth (NC Office of EMS), Mary Kay Ballasiotes (Speaker, International Alliance for Pediatric Stroke), Anna Bess Brown (Task Force Exec. Dir.), Alicia Clark (DPH CCCPH), Arnett Coleman (Old North State Medical Society, Stroke Advisory Council member), Sylvia Coleman (WFBH/COMPASS Study), Ron Cromartie (Innovative Health Care Consulting), Pamela Duncan (WFBH), Rebecca Freeman (NC Div. on Aging and Adult Services), Emily Gobble (Central Carolina Hospital), Morgan Gramann (Speaker, NC Alliance for Health), Sally Herndon (DPH TPCB), Catherine Hill (DPH CCCPH), Susan Kansagra (DPH CDI), Nicole Kelly (Onslow Memorial Hospital), Drew Meyer (Meredith College), Peg O'Connell (Speaker, Stroke Advisory Council Chair), Jennifer Park (NC DPH), Brett Parkhurst (Genentech), Elle Evans Peterson (NCPTA), Mari Porkornowski (NCPTA), Sharon Rhyne (DPH CDI), Erica Palmer Smith (Care4Carolina), Denise Spaugh (Minority Women's Health Alliance), Cathy Thomas (DPH CCCPH), Martina Wagner (Harnett Health), Leslie Walcott (NCCHCA).</p>	List of members posted at startwithyourheart.com/task-force/members/
Welcome and Introductions Anna Bess Brown, Task Force Executive Director	Anna Bess called the meeting to order, welcomed everyone, and thanked the House and Senate Sergeant-At-Arms members for their assistance with the meeting. Representative Becky Carney, Chair, sent greetings to the Task Force as she could not attend. Task Force members and guests introduced themselves. Anna Bess acknowledged the newest members of the Task Force in attendance: Senators Jim Burgin, Jim Perry, and Vickie Sawyer; Yolanda Dickerson, AHA volunteer; and Deborah Holt Noel, UNC TV.	Minutes posted at startwithyourheart.com/Meetings
Approval of January 8, 2019 Minutes Anna Bess Brown, Task Force	Anna Bess called for review of the January 8, 2019 minutes. Carolyn Dunn motioned to accept the minutes as submitted. Beth Daniel seconded, and the minutes were approved unanimously.	January 8, 2019 minutes posted to startwithyourheart.com/Meetings

Agenda Item	Discussion Points	Action Items
Executive Director Stroke Advisory Council Report Peg O'Connell, Chair	<p>Peg presented an update from the Stroke Advisory Council and described the work of the Plan Development Team in creating the NC Stroke System of Care strategies and resources posted on the startwithyourheart.com website. The SSC provides Clinical Practice guidelines, protocols, tools and resources for Stroke Prevention, Care, Post-Stroke Care and Advocacy and will guide the work of the Stroke Advisory Council in 2020 and moving forward. For more information, see the SSC and Peg's presentation on the website.</p> <p>Following her report, Peg announced that Pam Duncan, Stroke Advisory Council member, is the recipient of the AHA/ASA 2020 David Sherman Award for lifetime achievement in stroke research practice advocacy and mentoring. Pam is the first female and first non-physician to receive this award. Pam noted that she is a native North Carolinian and is grateful for this honor and for the acknowledgement of the work she has done over her 40-year career to understand and improve stroke care.</p>	<p>Speaker presentations posted at startwithyourheart.com/Meetings</p> <p>NC Stroke System of Care</p>
Proposals for Task Force Consideration Anna Bess Brown, Task Force Executive Director	<p>In August 2019 the Task Force released a request for applications, received two, and today will consider two proposals for the 2020 Action Agenda.</p>	<p>Speaker presentations posted at startwithyourheart.com/Meetings</p>
Pediatric Stroke Education Proposal Mary Kay Ballasiotes, Executive Director International Alliance for Pediatric Stroke	<p>Mary Kay Ballasiotes, Executive Director of International Alliance for Pediatric Stroke, presented the Pediatric Stroke Education and Training Initiative and requested endorsement by the Task Force. Her presentation covered the categories of pediatric stroke (Perinatal and Childhood), statistics, facts, risk factors and lasting impact. She stressed the importance of recognizing the signs and symptoms of pediatric stroke which may delay diagnosis and critical care. See the full presentation.</p> <p>In answer to questions, Ms. Ballasiotes explained that IAPS does not have to develop the educational material, that it is already published. Beth Daniel requested that the CME be modified as a CNE for nurses as well. Ms. Ballasiotes added that IAPS presents to the medical community at conferences and that some education is shared with schools and EMS. Pam Duncan recommended that preeclampsia in pregnant women be added as a risk for neonatal stroke. Deborah Holt Noel asked if any education is being coordinated for HBCUs, and Ms. Ballasiotes responded that it is not being done yet and that there is much education to be done.</p> <p>Yolanda Dickerson made a motion to endorse the initiative. The motion was seconded by Wanda Moore. The motion passed unanimously.</p>	<p>An Endorsement of the Pediatric Stroke Education Initiative will be added to the 2020 Action Agenda.</p> <p>Speaker presentations posted at startwithyourheart.com/Meetings</p>
Farm to School Project Proposal Morgan Wittman Gramann, Executive Director,	<p>Morgan Wittman Gramann, Executive Director of NC Alliance for Health, presented Farms for School Meals and requested endorsement by the Task Force. Her presentation covered food insecurity in North Carolina and its link to CVD and stroke. She also discussed current school nutrition programs in NC and explained</p>	<p>The Task Force voted to request additional information on the Farm to School Project.</p>

Agenda Item	Discussion Points	Action Items
NC Alliance for Health	<p>that adding Farms for School Meals would benefit public health, economic development and education. See the full presentation.</p> <p>In response to questions, Ms. Gramann said that there was no funding included in the budget for the procurement of local products by school nutrition programs; however, the budget did include funds to eliminate the reduced-price lunch copay that some students pay. She explained that school lunch is primarily a federal program. When asked how schools track nutritious meals, Ms. Gramann said that School Nutrition is heavily regulated, and that school nutrition directors must submit their menus. Ms. Gramann explained that this proposal is supported by Dept. of Agriculture and Dept. of Public Instruction. When asked how much is spent on school meals, she responded that \$1 is spent per student per day.</p> <p>Senator Perry suggested speaking with Senator Jackson, and Representative Iler noted it would be helpful to coordinate with a Committee such as Appropriations.</p> <p>Representative Yarborough made a motion to request additional information on the program, and Senator Perry seconded the motion. The motion passed unanimously. Please see attachment for additional information from the NC Alliance for Health.</p>	<p>NC Alliance for Health has provided additional information. See the attachment.</p> <p>Speaker presentations posted at startwithyourheart.com/Meetings</p>
Status of Task Force Action Agenda Peg O'Connell	<p>Peg reviewed the status of items on the 2018-2019 Action Agenda (see slides). Coverage for all CVD-related US Preventive Services Task Force preventive services for Medicaid enrollees with no or minimal cost sharing was included with Medicaid transformation. The legislature reconvenes January 15, 2020.</p>	<p>Speaker presentations posted at startwithyourheart.com/Meetings</p>
North Carolina's Response to the Vaping Epidemic Sally Herndon, Head Tobacco Prevention and Control Branch	<p>Sally Herndon, Head, Tobacco Prevention and Control Branch, NC Division of Public Health, presented the latest on NC's Response to the Vaping Epidemic. She noted a new article which states that cinnamon and menthol flavors in e-cigarettes carry a particular risk for cardiovascular disease. NC is one of only 12 states that don't have licensed retailers. Marketing targets youth, and statistics show that numbers of high school users continue to grow. She stressed the critical need for prevention and calls to action at the national, state and local levels. She shared the US Surgeon General Advisory Recommendations. Ms. Herndon brought a kit containing numerous vaping products.</p> <p>Members discussed the rise in youth e-cigarette use and questioned how Tobacco Master Settlement Agreement Funds are being spent. Each year the state receives more than \$145 million for tobacco prevention from the MSA. Please see attachment for information on MSA funds and additional information provided by the Tobacco Prevention and Control Branch.</p> <p>See the full presentation and a PDF of the September 25, 2019 testimony to Congress by NC State Health Director/Chief Medical Officer and Task Force member Betsey Cuervo Tilson.</p>	<p>TPCB has provided additional information. See the attachment.</p> <p>Speaker presentations posted at startwithyourheart.com/Meetings</p>
Closing Remarks Anna Bess Brown, Task Force	<p>Anna Bess thanked members and guests for participating in the meeting and for the work of the Task Force to prevent heart disease and stroke.</p>	<p>Speaker presentations posted at startwithyourheart.com/Meetings</p>

Agenda Item	Discussion Points	Action Items
Executive Director	<p>The next Task Force meeting date will be scheduled after the close of the legislative session. She thanked the members of the Sergeant-at-Arms for their assistance with the meeting.</p> <p>The Task Force recognized and thanked Cathy Thomas, Head of the Community and Clinical Connections for Prevention and Health Branch in the Chronic Disease and Injury Section in the Division of Public Health, for her dedication to housing the Task Force Executive Director position and supporting Task Force activities with great enthusiasm for many years. She is wished a wonderful life in retirement.</p> <p>The meeting was adjourned at 3:15 pm.</p>	