

NOTES

Stroke Coordinators' Call January 24, 2024 2:00 pm – 3:00 pm

I. **Welcome and Introductions:** type your name, role, and hospital in the Chat.

Record the call

II. **Join the Stroke Advisory Council:**

- Quarterly meetings, work groups, monthly Updates, website startwithyourheart.com
- [Stroke System of Care](#)
- **Stroke Advisory Council** virtual meeting March 6 1-2:30 on Teams: [Novant Health's Community Health Worker Program](#)

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 218 577 572 87

Passcode: P72ZuC

[Download Teams](#) | [Join on the web](#)

Join with a video conferencing device

ncgov@m.webex.com

Video Conference ID: 111 852 862 3

[Alternate VTC instructions](#)

Or call in (audio only)

[+1 984-204-1487,,747140953#](tel:+19842041487747140953) United States, Raleigh

Phone Conference ID: 747 140 953#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

III. **Business/Housekeeping:**

- **Terri Moore**, Coverdell Stroke Program Coordinator, will be taking on coordinating these calls starting next month.
- **Let Terri know** of any updates to the contact list of stroke coordinators. Please review the list and fill in any missing staff. terri.moore@dhhs.nc.gov
- **Next call: February 28 from 2-3 PM** we are looking into other topics and will move “working with obese stroke patients, width of CT scanners, and bi-plane capabilities for thrombectomy” to a later date. Calls are scheduled on fourth Wednesdays at 2 PM in 2024.
- **Topics for future calls:** What are your thoughts on presentations from industry?
- **Discussion:** Considering posting links to the slides, notes, and recordings on our website as Zixmail is sending emails securely. Will not post list of stroke coordinators with emails. Will send that as PDF in email.
- **Anyone willing to help plan these calls?** Terri will convene quarterly planning meetings, and we'd love your input. Put your name in the chat or email Terri if you're interested.
- **Mark your calendars for an in-person meeting of Stroke Coordinators in conjunction with a Stroke Advisory Council meeting in September 25, 2024 at Atrium Health in Charlotte.**
- If you're going to ISC and would like to meet up, put your name in the Chat.

Decisions:

- The group agreed to **no presentations** from industry professionals on these calls.
- We will post notes, slides, and recordings on StartWithYourHeart.com and email the link to stroke coordinators. We will not post the list of SCs and their email addresses on the website but will instead send a PDF with updates to SCs.

Action Items:

- **Volunteer** for the SC Call planning committee.
 - **Send** ideas for topics or speakers, stroke coordinator contact list updates, and information on support groups **to Terri Moore** terri.moore@dhhs.nc.gov
 - **Send** contact information to Terri if you are attending ISC and would like to meet up.
-

IV. Presentation:

- **Thanks to our November presenters Annabelle Black with Novant Health** who presented on stroke education and **Ally Castelloe with ECU Health** who presented on the development of their SAM (Stroke Awareness Matters) video and curriculum for educating 3rd-5th graders. **Slides and link to the recording sent.**
- **In January Barbara Lutz presented** on the PATH-s assessment tool which was developed from the theoretical framework, "Improving Stroke Caregiver Readiness." **See her slides.**
- Barb Lutz shared that the tool itself is an intervention as it cues caregivers to know what to ask of the team, to understand the diagnosis, to think about what it will look like when they get home. She explained they have received a small business loan from NIH to turn the tool into an app; not being linked to the patient's medical record is a huge barrier. To use My Chart, each patient would need to give permission to access it. They're in discussions about releasing it to EPIC. Currently you can access the tool for individual use for free here: www.rehabnurse.org/pathtool
- Barb noted that CHWs and paramedics would need to be well trained and the connection seamless.

V. Topics for Future Calls:

- Optimist Main (low frequency vital sign/neuro check monitoring)
 - Community Assessments
 - Disparities/Gaps in Care
 - EMS Education - cost effective, efficient
 - Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
 - Improvements for Door In - Door Out Times
 - Success with low DIDO times for LVO patients - especially in rural hospitals
 - Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices
 - Stroke Response Team: Successes and Lessons Learned
 - Improving Neuro Assessment Completion
 - Best Practices in transitional care after discharge
 - Community Resources
 - Stroke Awareness Month events/activities
 - Funding & tracking success of programs to provide BP cuffs
 - Stroke System of Care in NC (and compare to other states)
 - Community Paramedicine- utilizing, best practices, connecting
 - Stroke scanning, diagnosis and treatment in obese patients
 - Use of a QR code to share data with EMS or any other outside (of your facility) group. Other data sharing methods.
-