

## Stroke Coordinators' Call

October 25, 2023

- I. Welcome and Introductions: type your name, role, and hospital in the Chat.
- II. Join the Stroke Advisory Council
  - Quarterly meetings, work groups, monthly Updates, website [startwithyourheart.com](http://startwithyourheart.com)
  - [Stroke System of Care](#)
  - Next SAC meeting Nov. 8 on Teams. Link in Updates.  
**Join on your computer, mobile app or room device**  
[Click here to join the meeting](#)  
Meeting ID: 284 250 344 062  
Passcode: s5q3TW  
[Download Teams](#) | [Join on the web](#)  
**Join with a video conferencing device**  
[ncgov@m.webex.com](mailto:ncgov@m.webex.com)  
Video Conference ID: 111 629 302 6  
[Alternate VTC instructions](#)  
**Or call in (audio only)**  
[+1 984-204-1487,,196851127#](tel:+19842041487196851127) United States, Raleigh  
Phone Conference ID: 196 851 127#  
[Find a local number](#) | [Reset PIN](#)
  - Welcome, those new to stroke or new to your role as stroke coordinator or new to the call. This is your call. Please let me know what you'd like from the call, any topics you'd like to be covered, presentations you'd like to share.
  - Send info on your **stroke support groups** to Terri at [terri.moore@dhhs.nc.gov](mailto:terri.moore@dhhs.nc.gov)
  - Let me know of any updates to the contact list of stroke coordinators. Please review the list and fill in any missing staff.
  - Next call: November 15 from 2-3 PM. Presentation on Post-stroke recovery including research on post-stroke issues, resources, and outcomes by Robin Jones. No Dec. call.
  - Planning an in-person meeting of Stroke Coordinators in conjunction with a Stroke Advisory Council meeting in September 2024 at Atrium Health in Charlotte. Date TBD.
- III. Purpose of Stroke Coordinator Calls
  - Build community, make connections, and support you in your work and to improve stroke care.
  - We welcome any stroke nurse or stroke coordinator who would like to join these calls. Send Anna Bess contact info with staff changes.
  - Will send brief notes after calls for follow up and in case you miss the call.

- IV. **Thanks to Erin Lewis with UNC Rex** for her fabulous presentation in Sept. on Improved Dysphagia Screening Compliance and Dysphagia Cups. Sent her slides and link to the recording.
- Today **Stroke Awareness Matters (SAM) Program by Ally Castelloe with ECU Health and Stroke Education by Annabelle Black with Novant Health** (see slides).

Q for Ally: How did you reach the schools?

A: We started with the superintendent of the school system and got a letter of commitment. We worked with PE/Health Ed. teachers and in some schools the Assistant Principal. Each coordinator reached out to each school and presented in school assemblies. In large schools that are not holding assemblies, such as those in Pitt County, we are working with Health & PE classes. The stroke coordinators go in and give presentations.

Find SAM materials and video posted on SWYH:

<https://www.startwithyourheart.com/stroke-awareness-matters/>

**Grandpa's Crooked Smile** Book:

<https://www.mymichigan.org/conditions-treatments/neuroscience/stroke/childrens-book/>

Annabelle said she'd be glad to share materials. Her email address is [annabelle.black@novanthealth.org](mailto:annabelle.black@novanthealth.org)

V. Topics for Future Calls

- Community Education
- Optimist Main (low frequency vital sign/neuro check monitoring)
- Community Assessments
- Disparities/Gaps in Care
- EMS Education - cost effective, efficient
- Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
- Improvements for Door In - Door Out Times
- Success with low DIDO times for LVO patients - especially in rural hospitals
- Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices.
- Stroke Response Team: Successes and Lessons Learned
- Improving Neuro Assessment Completion
- Best Practices in transitional care after discharge
- Community Resources
- Consistent way to document and educate around personal risk factors
- Stroke Awareness Month events/activities
- Funding & tracking success of programs to provide BP cuffs
- Stroke System of Care in NC (and compare to other states)
- Community Paramedicine- utilizing, best practices, connecting

## Decisions

### Action Items

- Send information on support groups to Terri Moore [terri.moore@dhhs.nc.gov](mailto:terri.moore@dhhs.nc.gov)
- Send ideas for topics or speakers to Anna Bess [anna.brown@dhhs.nc.gov](mailto:anna.brown@dhhs.nc.gov)

### Other News

#### Conferences

**Novant Health 2023 Cardiovascular & Cerebrovascular Regional Conference** October 27 & 28 at Wrightsville Beach

<https://www.seahec.net/courses-and-events/70886/2023-cardiovascular--cerebrovascular-regional-conference>

***Although registration has closed, walk-ins are welcome.***

**Duke Eye Center presents, "An Innovative Approach to Eye Stroke Treatment"** Wednesday, November 1, 2023 from 6:00 PM to 8:30 PM in Research Triangle Park/Durham **Register Now!**

**Novant Health Stroke Symposium** in Winston-Salem Nov. 4

[https://www.eeds.com/portal\\_live\\_events.aspx?ConferenceID=483100](https://www.eeds.com/portal_live_events.aspx?ConferenceID=483100)