

## Stroke Coordinators' Call

September 27, 2023

- I. Welcome and Introductions: type your name, role, and hospital in the Chat.
- II. Join the Stroke Advisory Council
  - Quarterly meetings, work groups, monthly Updates, website [startwithyourheart.com](http://startwithyourheart.com)
  - [Stroke System of Care](#)
  - Next SAC meeting Nov. 8 on Teams. Link in October Update.
  - Welcome, those new to stroke or new to your role as stroke coordinator or new to the call. This is your call. Please let me know what you'd like from the call, any topics you'd like to be covered, presentations you'd like to share.
  - Thank you for sending info on your **stroke support groups**. Terri has collected info on 24. If you haven't done so please send details and we'll send out the list with the notes from this call.
  - Let me know of any updates to the contact list of stroke coordinators.
  - Next call: October 25 from 2-3 PM **Stroke Education for Staff, Providers, Patients and EMS** by Annabelle Black with Novant Health and Ally Castelloe with ECU Health.
  - Nov. 22 is the day before Thanksgiving; the group decided to move the Nov. call to Nov 15 from 2-3 PM with a presentation, Post-stroke recovery including research on post-stroke issues, resources, and outcomes by Robin Jones. No Dec. call.
  - Planning an in-person meeting of Stroke Coordinators in conjunction with a Stroke Advisory Council meeting in September 2024 at Atrium Health in Charlotte. Date TBD.
- III. Purpose of Stroke Coordinator Calls
  - Build community, make connections, and support you in your work and to improve stroke care.
  - We welcome any stroke nurse or stroke coordinator who would like to join these calls. Send Anna Bess contact info with staff changes.
  - Will send brief notes after calls for follow up and in case you miss the call.
- IV. **Improved Dysphagia Screening Compliance and Dysphagia Cups by Erin Lewis with UNC Rex.**

Thank you, Erin!
- V. Topics for Future Calls
  - Community Education
  - Optimist Main (low frequency vital sign/neuro check monitoring)
  - Community Assessments
  - Disparities/Gaps in Care
  - EMS Education - cost effective, efficient

- Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
- Improvements for Door In - Door Out Times
- Success with low DIDO times for LVO patients - especially in rural hospitals
- Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices.
- Stroke Response Team: Successes and Lessons Learned
- Improving Neuro Assessment Completion
- Best Practices in transitional care after discharge
- Community Resources
- Consistent way to document and educate around personal risk factors
- Stroke Awareness Month events/activities
- Funding & tracking success of programs to provide BP cuffs
- Stroke System of Care in NC (and compare to other states)
- Community Paramedicine- utilizing, best practices, connecting

#### Decisions

- Calls will be held **4<sup>th</sup> Wednesdays from 2-3 PM**. Next call **October 25** meeting Annabelle Black will present on **Stroke Education for Staff, Providers, Patients and EMS** and Ally Castelloe on **SAM**.  
Thank you, Annabelle and Ally!

#### Action Items

- Send information on support groups to Terri Moore [terri.moore@dhhs.nc.gov](mailto:terri.moore@dhhs.nc.gov)
- Send ideas for topics or speakers to Anna Bess [anna.brown@dhhs.nc.gov](mailto:anna.brown@dhhs.nc.gov)

#### Other News

You may access the article ***Statewide Availability of Acute Stroke Treatment, Services, and Programs: A Survey of North Carolina Hospitals*** published in the **Journal of Stroke and Cerebrovascular Diseases** via this link. For 50 days (**until October 13, 2023**) you may use this share link to download a copy:

<https://authors.elsevier.com/c/1heSl3IH44q998>

#### Conferences

**UNC Health Heart and Brain Connection Conference** will be offered virtually on **Friday, October 20 from 9:00a-3:00p**. 5 contact hours will be awarded to attendees who attend the full day and complete a post-conference evaluation for the low cost of \$15. The target audience is **pre-hospital and ED personnel**, but **all** interested in heart and brain emergencies are welcome. Click [here](#) to register.

Save the date for **Novant New Hanover Regional Symposium** October 27 & 28 at the beach.

**Novant Health Stroke Symposium** in Winston-Salem Nov. 4