

Stroke Coordinators' Call

August 30, 2023

- I. Welcome and Introductions: type your name, role, and hospital in the Chat.
- II. Join the Stroke Advisory Council
 - Quarterly meetings, work groups, monthly Updates, website startwithyourheart.com
 - [Stroke System of Care](#)
 - Next SAC meeting Nov. 8 on Teams. Link in Update which will go out Friday, September 1. Minutes, slides from Aug. 8 meeting posted on SWYH.com
 - Welcome, those new to stroke or new to your role as stroke coordinator or new to the call. This is your call. Please let me know what you'd like from the call, any topics you'd like to be covered, presentations you'd like to share.
 - Thank you for sending info on your stroke support groups. Terri has collected info on 24. If you haven't done so please send details and we'll send out the list with the notes from this call.
 - Will send updated contact list of stroke coordinators.
 - Next call: September 27 from 2-3 PM
 - Interested in an in-person meeting in conjunction with a Stroke Advisory Council meeting? Several responded yes.
- III. Purpose of Stroke Coordinator Calls
 - Build community, make connections, and support you in your work and to improve stroke care.
 - We welcome any stroke nurse or stroke coordinator who would like to join these calls. Send Anna Bess contact info with staff changes.
 - Will send brief notes after calls for follow up and in case you miss the call.
- IV. **Stroke Response: Utilizing Neuro ICU Nurses in the Code Stroke Process by Hannah Bell with Cone Health**

Hannah gave a wonderful presentation and shared impressive outcomes. See slides or listen to the recording for the full presentation on the vision and implementation of their stroke response process.

Q: How did Cone Health buy in?

A: We proved the need with data and showed how much time would be saved with staff and changes. We also stressed the importance of keeping our CSC status.

For data to share with upper management, see this article by Sue Ashcraft and Amber Jones: <https://europepmc.org/article/med/36749865>

Q: Do the stroke response nurses do post-TNK documentation or stay with patients post TNK?

A: Response nurse stays with TNK patient one hour or until bed is available for hand off to ICU nurse.

Q: Does your stroke response nurse respond to Code Strokes that come in to the ED?

A: Yes.

Q: Is the stroke response nurse considered the primary nurse, or are they there for support?

A: Stroke response nurse is there for support through the process. ED nurse is the primary.

Q: Is this in addition to a stroke navigator?

A: We don't have a stroke nurse navigator. We have a stroke program manager, 2 quality coordinators who do data for the entire system, a stroke coordinator, and stroke response nurses.

Thank you, Hannah!

V. Topics for Future Calls

- Community Education
- Optimist Main (low frequency vital sign/neuro check monitoring)
- Community Assessments
- Disparities/Gaps in Care
- EMS Education - cost effective, efficient
- Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
- Improvements for Door in - Door Out Times
- Success with low DIDO times for LVO patients - especially in rural hospitals
- Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices.
- Stroke Response Team: Successes and Lessons Learned
- Dysphagia Screening and Risk Factor documentation
- Improving Neuro Assessment Completion
- Best Practices in transitional care after discharge
- Community Resources
- Consistent way to document and educate around personal risk factors
- Stroke Awareness Month events/activities
- Funding & tracking success of programs to provide BP cuffs
- Stroke education to patients
- Share stroke education in NC
- Stroke System of Care in NC (and compare to other states)
- Community Paramedicine- utilizing, best practices, connecting
- Stroke education for providers and staff across the system

Decisions

- The group welcomes Abby Fairbank with AHA and Sandy Maney with Genentec to join these calls.
- Calls will be held **4th Wednesdays from 2-3 PM**. Next call **September 27 from 2-3 PM**. Erin Lewis with UNC Rex will present on their **Improved Dysphagia Screening and Dysphagia Cups**. **October 25** meeting Annabelle Black will present on **Stroke Education for Staff, Providers, Patients and EMS**.

Thank you, Erin and Annabelle!

Action Items

- Send information on support groups to Terri Moore terri.moore@dhhs.nc.gov
- Send ideas for topics or speakers to Anna Bess anna.brown@dhhs.nc.gov

Other News

You may access the article ***Statewide Availability of Acute Stroke Treatment, Services, and Programs: A Survey of North Carolina Hospitals*** published in the **Journal of Stroke and Cerebrovascular Diseases** via this link. For 50 days (until October 13, 2023) you may use this share link to download a copy:

<https://authors.elsevier.com/c/1heSl3IH44q998>

Conferences

Eastern Stroke Network meeting September 21 9-3 at Eastern AHEC in Greenville
Brochure and Registration <https://www.easternahec.net/courses-and-events/69235/eastern-nc-stroke-network-meeting-building-a-regional-stroke-system-of-care>

Save the date for Novant New Hanover Regional Symposium October 27 & 28 at the beach.

Cleveland Clinic has a virtual conference Sept. 22

<https://www.clevelandclinicmeded.com/live/courses/strokingmt/register.asp>

WakeMed AHEC Time Is Brain Conference Sept. 23 <https://www.wakeahec.org/courses-and-events/70504/18th-annual-time-is-brain-advances-in-stroke-care>

Save the Date 10/20 UNC Healthcare is hosting their annual Heart and Brain Connection Conference. Target audience is EMS and ED staff. Event will be virtual.

Novant Health Stroke symposium in Winston-Salem Nov. 4